

# Callsafe Services Ltd



**NEW WEBSITE**

Our new website is now live.  
Click [here](#) to view

**OVER 25 YEARS PROVIDING EFFECTIVE AND  
EFFICIENT HEALTH AND SAFETY ADVICE AND TRAINING  
TO THE CONSTRUCTION INDUSTRY AND OTHERS**







# SERVICES PROVIDED

**Callsafe Services Limited has been providing health and safety advice, assistance and training to our clients, and our clients' projects, since 1987. Our clients have included many central and local government organisations, as well as private industry clients, designers and contractors.**

## Consultancy

Our consultants consistently ensure effective communications on projects and within health and safety management systems, with the minimum amount of paperwork produced, continuously questioning why a document is required and whether it is any use in effective management.

Callsafe Services Limited have an enviable knowledge and experience of the Construction (Design and Management) Regulations (CDM), and have provided the duties of Planning Supervisor under CDM1994 and CDM Coordinator under CDM2007. We are now prepared to act as Principal Designer under CDM2015, to assist other organisations with these duties and to act as the Client's CDM Advisor.

Callsafe Services Limited are a Registered CDM Co-ordinator Practice with the Association for Project Safety (APS), so can demonstrate our commitment to continuous improvement of our clients' and our projects' processes. This accreditation will be transferred to Principal Designer and CDM Advisor once CDM2015 comes into force.

## Training

The training provided by Callsafe Services Limited includes a focus on effective communication and management, rather than just the production of documentation.

Training provided is made as appropriate and relevant to our trainees, incorporating client procedures and processes where possible.

Accredited training is also available. Callsafe Services Limited provides courses accredited by:

- Institute of Occupational Safety and Health (IOSH)
- Chartered Institute of Environmental Health (CIEH)
- Association for Project Safety (APS)
- Safety Pass Alliance (SPA)
- Currently applying for accreditation through CITB-ConstructionSkills Site Safety Plus

The Construction (Design and Management) Regulations 2015 (CDM2015) Training Courses that we are currently preparing, and will be in a position to present from February 2015, are as follows:

- CDM2015 Senior Management Briefing
- CDM2015 Update
- CDM2015 Overview

- CDM2015 Client
- CDM2015 Design Phase Risk Management Co-ordination
- CDM2015 Design Risk Management
- CDM2015 Reducing Risk by Design
- CDM2015 Principal Contractor and Contractors

Our consultants/trainers are all practicing health and safety professionals working within the construction industry, and have extensive experience as health and safety advisors/officer/managers for client, designer and contractor organisations.

If you need an organisation that understands the requirements of CDM, projects, other health and safety requirements, and how these requirements can be achieved in a cost-effective way, to act as your Principal Designer, provide health and safety advice and assistance and/or provide effective training; please contact Callsafe Services Limited to discuss your requirements.







## CDM2015: CONSTRUCTION (DESIGN AND MANAGEMENT REGULATIONS 2015

### Are we ready?

On 29th January 2015, CDM2015 gained parliamentary approval, and will therefore come into force on 6th April 2015. As the final version of the regulations have only just been published and the Health and Safety Executive (HSE) only issued the draft Guidances for CDM2015 on 9th January 2015; the question must be asked of all construction industry organisations, and the industry itself, are we ready?"

The regulations can be viewed and downloaded from: [http://www.legislation.gov.uk/ukxi/2015/51/pdfs/ukxi\\_20150051\\_en.pdf](http://www.legislation.gov.uk/ukxi/2015/51/pdfs/ukxi_20150051_en.pdf)

On Friday, 9th January 2015, the HSE issued the draft text of L153 (draft), Guidance on the Construction (Design and Management) Regulations 2015, including the draft regulations, which can be downloaded from: [www.hse.gov.uk/pubns/priced/draft-l153.pdf](http://www.hse.gov.uk/pubns/priced/draft-l153.pdf)

On the same date, the guidances produced for the five duty holders under CDM, plus the workers, were published in draft. The guidances set out, in practical terms, what actions are required of them to deliver a safe and healthy construction project. These documents have been written

by the Construction Industry Advisory Committee (CONIAC). These six 'Industry Guidances' are available for free download, as follows:

**CDM15/1** Industry guidance for Clients  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-clients.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-clients.pdf)

**CDM15/2** Industry guidance for Principal Designers  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-principal-designer.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-principal-designer.pdf)

**CDM15/3** Industry guidance for Contractors  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-contractors.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-contractors.pdf)

**CDM15/4** Industry guidance for Designers  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-designers.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-designers.pdf)

**CDM15/5** Industry guidance for Principal Contractors  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-principal-contractors.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-principal-contractors.pdf)

**CDM15/6** Industry guidance for Workers  
[www.citb.co.uk/documents/cdm%20regs/industry-guidance-workers.pdf](http://www.citb.co.uk/documents/cdm%20regs/industry-guidance-workers.pdf)

**Policies and Procedures**  
CDM2015 will require all CDM duty holders to amend their policies and proce-



dures to some extent.

- Clients will need to develop their arrangements for the enhanced client duties on significantly more projects.
- Those who would act as the Principal Designer (PD) will need to develop their procedures to perform these duties for all elements of design and planning, not just their design or their sub-consultants'/sub-contractors' design, but for all design, including temporary works design performed during construction.
- Principal Contractors and Contractors will need to address the requirement for having a Construction Phase Plan on all works, and the Domestic Client duties if they work in the

domestic client sector.

- Designers have the least amendments to make, as their duties have minimal changes, unless they take on the Principal Designer's duties.

**Training**

Additional training will be required to update all of the duty holders with the amended regulations and guidances.

The summaries of the aims and objectives of the CDM2015 courses are shown below:

**CDM2015 Senior Management Briefing**

This 3.5 hours course is designed to provide senior management of client, project manager, principal

designers, designer, principal contractor and contractor organisations with an understanding of the requirements of the CDM Regulations 2015.

**Course Objectives**

Upon completion of the course, delegates should: appreciate the need, application and framework of the CDM regulations; and understand the duties and responsibilities of the client, principal designer, designers, principal contractor and contractors.

**CDM2015 Update**

This 1 day course is designed to provide all persons involved in construction projects, including clients, project managers, principal designers, designers, principal





contractors and contractors who are familiar with the requirements of CDM2007 with an appreciation of the changes necessary to comply with CDM2015.

**Course Objectives**

- Upon completion of the course, delegates should:
- understand the changes from CDM2007 to CDM2015 CDM regulations; and
  - be able to perform the necessary amendments to their organisations' arrangements.

**CDM2015 Overview**

This 1 day course is designed to provide all persons involved in construction projects, including current and potential clients, project managers, principal designers, designers, principal

contractors and contractors with a broad overview on the CDM Regulations 2015.

**Course Objectives**

- Upon completion of the course, delegates should:
- understand the need and application of the CDM regulations;
  - appreciate the framework of the regulations and the interfaces between the key parties; and
  - understand the duties and responsibilities of the client, principal designer, designers, principal contractor and contractors.

**CDM2015 Client**

This 1 day course is designed to provide personnel who are tasked by their organisation to perform the Client's duties with a sound understanding of the Client's responsibilities & duties under the CDM

regulations 2015 and what should be expected of the principal designer, designers, the principal contractor and contractors.

**Course Objectives**

- Upon completion of the course, delegates should:
- understand the obligations placed on Clients by the CDM Regulations 2015;
  - make effective management arrangements and ensure compliance;
  - appreciate the information requirements; and
  - understand the requirements for the Health and Safety File

**CDM2015 Design Phase Risk Management Co-ordination**

This 3 day course is aimed at those persons who will be performing the duties of

the Principal Designer on behalf of their employer, who has been appointed to this role by the Client. It provides knowledge on the requirements, methods that could be used to achieve these requirements and the personal qualities necessary. The course also provides for the additional services that could be offered by the Principal Designer for advising and assisting the client with the Client's duties.

This course is currently being considered for accreditation by the Association for Project Safety (APS).

**Course Objectives**

- Upon completion of the course, delegates should:
- understand the principal designer's duties under



- the CDM regulations 2015;
- know how to ensure effectively cooperation, coordination and communication during the design;
- be familiar and confident in the supply of information and production of evidence; and
- be able to advise and assist the client with the client's duties, if required

#### Pre-Course Requirements

Those who wish to undertake this course should be familiar with and have knowledge of the construction industry and construction health and safety which is deemed to include:

- an appreciation of H&S Law, Approved Codes of Practice and guidance applying to construction works;
- an understanding on how the construction industry is organised and works, including different forms of procurement and contracts; and
- an understanding of their individual and company responsibilities under H&S Law.

#### CDM2015 Design Risk Management

This 2 day course is aimed at Principal Designers and Design Risk Managers who manage the requirements of design risk and CDM2015 for Designers.

This course is currently being considered for accreditation by the Association for Project Safety (APS).

#### Course Objectives

Upon completion of the course, delegates should:

- understand the principal designers' duties under the CDM regulations 2015;
- know how to effectively reduce risk by design; and
- be familiar and confident in the supply of information and production of evidence.

#### Pre-Course Requirements

Those who wish to undertake this course should be familiar with and have knowledge of the construction industry and construction health and safety which is deemed to include:

- an appreciation of H&S Law, Approved Codes of Practice and guidance applying to construction works;
- an understanding on how the construction industry is organised and works, including different forms of procurement and contracts; and
- an understanding of their individual and company responsibilities under H&S Law.

#### CDM2015 Reducing Risk by Design

This 1 day course is designed to provide personnel who perform the duties of a Designer with the necessary knowledge and confidence in the performance of the task for full compliance with the designers' duties under CDM2015.

#### Course Objectives

- Upon completion of the course, delegates should:
- recognise the range of persons who would be considered to be designers;
  - fully understand the designers' duties under the CDM regulations;
  - know how to effectively

- reduce risks by design; and
- record the design decisions in an efficient manner.

#### CDM2015 Principal Contractor and Contractors

This 1 day course is designed to provide principal contractors and contractors with the management requirements of the Construction (Design and Management) Regulations 2015 (CDM2015).

#### Course Objectives

Upon completion of the course, delegates should:

- understand the obligations placed on all persons involved by the CDM regulations;
- understand the extent and benefits of effective risk assessments and method statements;
- know the requirements for the construction phase plan and site health and safety management; and
- appreciate what checks should be performed prior to engaging other parties and the checks to be performed during the work.

**All of the courses are offered as 'in-house' courses, where the trainer presents the course at a venue provided by the delegates' employer, and are priced at a daily rate.**

**Publicly available courses will also be arranged for some of the courses.**



---

# Managing Safely in Construction

## 5 Day Course

This is the Institution of Occupational Safety and Health (IOSH) Managing Safely course, amended to make the subjects and content more specific to the construction industry, and separately accredited by IOSH. It is highly interactive and is presented by qualified and experienced construction health and safety professionals, who also are appointed to projects as CDM coordinator.

### Who Should Attend:

Anyone who supervises or manages designers or contractors in the construction and allied industries. Also relevant for client representatives and Principal Designers.

### Course Aims:

To ensure that managers/supervisors:

- Understand their responsibilities for health and safety as an integral part of their construction and other management/supervision roles;

- Are able to recognise a sound health and safety management system, including effective construction risk management;
- Are able to recognise the key risks in the construction industry and understand the precautions to be taken.

### Course Content:

#### Day 1

- Introduction and Setting Course Objectives
- Principles of Good Safety Management
- Legal Foundation for Health and Safety
- Corporate Manslaughter and Corporate Homicide
- Safety Management on Construction Projects

#### Day 2

- Understanding the Legal Framework for Safety and Health at Work
- Accident Causation and Accident Prevention
- Applying Management Principles to Health and Safety

#### Day 3

Key Legislation, Commonly Occurring Hazards and Their Controls:

- The Workplace (Health, Safety and Welfare) Regulations 1992
- Working time
- First aid
- Reporting of accidents
- Fire
- Safety signs and signals
- Electricity
- Display screen equipment
- Manual handling
- Chemicals/Hazardous substances
- Personal protective equipment
- Work equipment and Machinery
- Traffic management

#### Day 4

Construction Related Legislation, Commonly Occurring Hazards and Their Controls:

- Construction (Design and Management) Regulations 2007, Part 4
- Lifting operations and equipment
- Noise

- Vibration
- Lead
- Asbestos
- Confined spaces
- Pressure systems
- Radiation
- Elevated working places
- Safety in earthworks
- Flammable liquids and gases
- The construction working environment

#### Day 5

- Human Behaviour in Accident and Ill-Health Prevention
- Effective Communication
- Control of Contractors
- Training
- Course Assessment (A 30 minute test paper, similar in format to mock assessments performed during the course)
- Course Discussion and Completion (Including the introduction to the Course Project, which is an inspection and risk assessment performed by the delegates of their workplace. This is performed





subsequent to the course and submitted to the course tutor for marking)

**Course Objectives:**

Upon completion of the course, delegates should be able to:

- Have a clear understanding of the legal framework of health and safety under which they operate;
- Integrate health and safety management systems into the overall management strategy of the organisation;
- Anticipate and recognise risks to health and safety and have the skills to address those risks.

**Course Cost: £820.00 per delegate, plus VAT**

**Further details can be found at [www.callsafe-services.co.uk](http://www.callsafe-services.co.uk), or by contacting Gemma Esprey at [gemma.esprey@callsafe-services.co.uk](mailto:gemma.esprey@callsafe-services.co.uk), or by phone on 01889 577701.**





**Are you sure that you understand the duties and requirements of CDM2007 and/or other health and safety requirements?**

**Have you amended your policies and procedures to reflect the current legislation and practice?**

**Are your employees competent to perform their duties?**

**Do you select competent organisations to work with you?**

**Do you manage your organisation and projects without copious amounts of paper?**

**If the answer to any of the above questions is no, you need to consider training and advice to achieve legal compliance and develop best practices.**

**Contact the experts**

David Carr, PgD, FIIRSM, DipSM, RFaPS  
Managing Director

Callsafe Services Limited  
Yardley House  
11 Horsefair  
Rugeley  
Staffordshire  
WS15 2EJ

**Tel: 01889 577701**  
**Email: [enquiries@callsafe-services.co.uk](mailto:enquiries@callsafe-services.co.uk)**  
**Web: [www.callsafe-services.co.uk](http://www.callsafe-services.co.uk)**