

ID	Height	Age	Gender	Test Date / Time
030869	150cm	65	Female	2015.03.08. 15:07

## Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water(L)	25.9 (24.7 ~ 30.1)	25.9	33.2 (31.7 ~ 38.7)	35.5 (33.5 ~ 41.0)	54.7 (41.1 ~ 55.7)
Protein (kg)	6.9 (6.6 ~ 8.0)	non-osseous			
Minerals (kg)	2.72 (2.28 ~ 2.78)				
Body Fat Mass (kg)	19.2 (9.7 ~ 15.5)				

## Muscle-Fat Analysis

	Under	Normal	Over	
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %	54.7		
SMM (kg) Skeletal Muscle Mass	70 80 90 100 110 120 130 140 150 160 170 %	18.6		
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %	19.2		

## Obesity Analysis

	Under	Normal	Over	
BMI (kg/m <sup>2</sup> ) Body Mass Index	10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0	24.3		
PBF (%) Percent Body Fat	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	35.2		

## Segmental Lean Analysis

	Under	Normal	Over	ECW Ratio
Right Arm (kg) (%)	40 60 80 100 120 140 160 180 200 %	1.59 86.4		0.386
Left Arm (kg) (%)	40 60 80 100 120 140 160 180 200 %	1.62 88.2		
Trunk (kg) (%)	70 80 90 100 110 120 130 140 150 %	15.3 91.6		0.393
Right Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	4.77 82.1		0.396
Left Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	4.80 82.7		0.392

## ECW Ratio Analysis

	Under	Normal	Over	
ECW Ratio	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450	0.392		

## Body Composition History

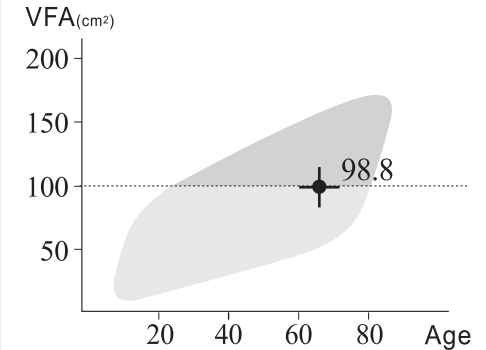
	Weight (kg)	SMM (kg) Skeletal Muscle Mass	PBF (%) Percent Body Fat	ECW Ratio
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	54.7	18.6	35.2	0.392
	15.03.08 15:07			

## InBody Score

70 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Visceral Fat Area



## Weight Control

Target Weight	48.4 kg
Weight Control	-6.3 kg
Fat Control	-8.1 kg
Muscle Control	+1.8 kg

## Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input type="checkbox"/> Balanced	<input checked="" type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced

## Segmental Fat Analysis

	Right Arm	Left Arm	Trunk	Right Leg	Left Leg
	( 1.4kg) 174.2%	( 1.4kg) 168.7%	( 9.5kg) 209.2%	( 2.9kg) 141.8%	( 3.0kg) 143.2%

## Research Parameters

Intracellular Water	15.8 L (15.3~18.7)
Extracellular Water	10.1 L (9.4~11.4)
Basal Metabolic Rate	1136 kcal
Waist-Hip Ratio	0.85 (0.75~0.85)
Body Cell Mass	22.6 kg (21.9~26.7)
SMI	5.7 kg/m <sup>2</sup>

## Whole Body Phase Angle

φ(°) 50 kHz | 4.1°

## Impedance

Z(Ω)	RA	LA	TR	RL	LL
1 kHz	412.9	406.5	24.5	282.9	282.7
5 kHz	406.6	400.2	23.7	277.1	276.8
50 kHz	376.1	369.3	21.0	254.4	250.9
250 kHz	348.2	339.1	18.0	235.8	230.6
500 kHz	337.7	327.5	16.1	231.8	226.1
1000 kHz	328.4	317.8	12.7	230.8	225.5